



Canker Sore Recipe
For Sores Inside the Mouth

- 50/50 Mix of Children's Benadryl, and Kaopectate.
- Mix ½ of each in a small medicine cup, enough to rinse with once.
- Rinse for 1 minute.
- Expectorate (Spit out)
- Use 4X / day for several days – until comfortable and the sores are subsiding.
- If no relief or is worsening after 24 hours- please see physician.



As with all medications, please read all warning labels for products.
DO NOT use for reasons not appropriate with the warning labels.